

Parents Day Out

CUPERTINO SPORTS CENTER



Come work out at the gym, take a fitness class, bring a partner or play tennis, basketball, table tennis or racquetball! Children ages 6 months to 10 years of age will be entertained in our new child watch facility! Your children will be supervised with crafts, games and age appropriate toys!



Morning Fitness Classes

Begin at 9:30am
Monday: Body Sculpting
Tuesday & Thursday: Yoga
Wednesday & Friday: Aerobics

Evening Classes

Mon. & Wed. 5:30pm: Pilates
Mon. & Wed. 7pm: Yoga
Tues. 6pm: Step Aerobics
Thurs. 6pm: Cardio Kickbox

Weekend Classes

Saturday
Aerobics: 8:10am
Body Sculpting: 9:20am
Sunday
Yoga: 9:30am

Child Watch Days & Times

Tuesday - Friday
9am-11am
\$5 passholders. \$10 R & \$12 NR

Mon. & Wed.
4:30pm-7pm
\$5 passholders. \$12R & \$15NR

Saturday
8:30am-12:30pm
\$5 passholders. \$12R & \$15NR

Cost includes child watch, tennis, racquetball, basketball, table tennis, fitness room & classes!

The Cupertino Sport Center is open 7 days a week!

- Mon.-Fri. - 6am-10pm
- Sat. & Sun. - 8am-6pm

Membership Special

Buy a family membership
For 2 adults and 2 children
and get one year free child watch!

Cupertino Sport Center: 2111 Stevens Creek Blvd. Cupertino CA 95014
(408) 777-3160



Elaborate train layouts built from LEGO will be part of the Train Show in Fremont, May 29.

Calendar

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5440 Thornwood Drive, San Jose or KidsPark/Valley Fair Mall 2858 Stevens Creek Blvd., San Jose. 408-260-7929. www.kidspark.com.

Take a Twilight Marsh Walk.

Experience a different environment as the sun goes down and the night creatures come out. Warm up inside with a cup of hot chocolate and then look at the night sky. Suitable for all ages, children welcome. 7-8:30pm. **Free.**

Reservations required, at 408-262-5513 ext. 102 or e-mail sfbay_urbanrunoff@yahoo.com. Environmental Education Center, Don Edwards San Francisco Bay National Wildlife Refuge, 1751 Grand Blvd, Alviso. <http://desfbay.fws.gov/tideline>.

Night Skies shows what stars and planets are up and their interesting histories. View the night sky through a telescope, subject to weather conditions. Bring binoculars or spotting scopes if you have them. Dress warmly. Fun for the whole family. 8:30-9:30pm. **Free.** Reservations required. 408-262-5513 ext. 102 or e-mail sfbay_urbanrunoff@yahoo.com. Environmental Education Center, Don Edwards San Francisco Bay National Wildlife Refuge, 1751 Grand Blvd, Alviso. <http://desfbay.fws.gov/tideline>.

Make a Wild Animal Collage is this week's walk-in craft activity. Ages 3 and up. **Free.** 11am-3pm. Lakeshore Learning Store. 1099 S. Bascom Ave., San Jose. 408-998-0794. www.lakeshorelearning.com.

Saving Your Sanity: Positive Discipline for Young Children provides strategies and advice, focusing on

parenting styles, reasonable expectations, constructive ways to set limits and more. **Free.** 8:30am registration and breakfast. 9:30-11am: Workshop/Q&A. RSVP required. Seating limited. Lou's Village, 1465 W. San Carlos St., San Jose. For information, contact Joan at 408-241-4220. **St. John Vianney Fiesta.** See May 21. **Circus Chimera.** See May 20.

23 Sunday

Lions and Us includes a 1.5-mile hike around Alpine Pond and up to the top of Skyline Ridge, followed by an hour-long lunch, true stories and Q&A about mountain lions. Bring water and a sack lunch. 11am-3pm. Families welcome. **Free.** Skyline Ridge Nature Preserve. Phone or check online for directions. 650-691-2150. www.openspace.org.

St. John Vianney Fiesta. See May 21. **Circus Chimera.** See May 20.

Family Festival, sponsored by St. Martin of Tours Church, features games, food, bingo, raffles, cake walks, musical entertainment including dance groups, DJs and karaoke, and more. All ages. **Free** admission. 11am-7pm. St. Martin of Tours, 200 O'Connor Drive (near San Carlos Blvd/Stevens Creek and Hwy. 880), San Jose. 408-294-8953. www.stmartins.org/festival, e-mail festival@st.martins.org.

On Archaeology Day, family members as young as toddlers participate in many of the activities that archaeologists use. Activity stations invite children to dig, sift, sort and reassemble artifacts. "Tools of the Trade" station

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BETHEL LUTHERAN SCHOOL

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NOW ACCEPTING 2004/2005 ENROLLMENT



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SUMMER PROGRAMS

- June 14th - Aug. 20th, 2004

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www.bethells.org

Our educational community is comprised of motivated, respectful and intelligent students, parents and credentialed teachers. Students experience their learning of language arts, math, science, art, foreign languages, physical education, technology and music through leading edge curricula. We invite you and would like your family to experience our successful and unique environment.

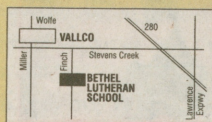
Mrs. Yvonne K. Waters, Principal

Bethel Lutheran School

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LIMITED OPENINGS FOR FALL

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Little or no homework

Ages 4 - 18



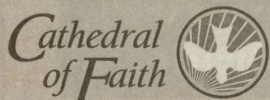
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Near Hwy 87 & Curtner Ave.,
across from the Light Rail Station, San Jose
www.cathedraloffaith.org/myschool.html

Calendar

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returns to the Bay Area. Enter your dog in the "Olympic-style" competitions in agility, diving and flying disc, or come and watch the fun. Today and Saturday. Local competition, today, 9am-4pm. Western regional finals, May 29, 10am-4pm. **Free** admission. Sharon Meadows at Golden Gate Park, San Francisco. 800-229-4758 ext. 343. www.purina.com

Astronomy in the Park, 9:30pm. See May 7.

29 Saturday

Train Show and meeting, sponsored by Bay Area LEGO Users Group and Bay Area LEGO Train Club. See an operating LEGO train layout, bring your own LEGO creations to show. 1-4pm. All ages. **Free**. Fremont main library-Fukaya room. Stevenson and Paseo Padre Parkway, Fremont. www.baylug.org.

Storytime at Stevens Creek Barnes & Noble. See May 8.

Native Ways at Coyote Point. See May 22.

Community Service Day is an opportunity for scouts, high schoolers looking to fulfill community service requirements, and others who want to pitch in. Fight non-native plants in the EEC's habitat. Bring gardening gloves if possible. Long pants and long-sleeve shirts advised. Ages 9 and up. 9:45am-noon. **Free**. Reservations required with Laurie McEwen at 408-262-5513 ext. 102. Environmental Education Center, Don Edwards San Francisco Bay National Wildlife Refuge, 1751 Grand Blvd, Alviso. <http://desfbay.fws.gov/timeline>.

Purina's Incredible Dog Challenge. See May 28.

Make a Bubble Machine is this week's walk-in craft activity. Ages 3 and up. **Free**. 11am-3pm. Lakeshore Learning Store. 1099 S. Bascom Ave., San Jose. 408-998-0794. www.lakeshorelearning.com.

YSI Insect Fair is filled with hands-on activities, crafts, face painting, food booths, educational exhibits, specimens and fascinating guest lecturers. All ages. 10am-4pm. Child \$1. Adult \$3. Parking fee \$4 per vehicle. Youth Science Institute, Sanborn Park, 16055 Saratoga, Los Gatos. 408-356-4945. www.ysi-ca.org.

The African Savanna opens at San Francisco Zoo with a weekend celebration. The 3-acre environment for mammals and African bird species

offers unique viewing opportunities from various observation decks, pathways and special visitor areas.

Celebration features live music and entertainment, interactive activities and a chance to experience the Savanna, meet keepers and see animals. Today through Monday, 10am-5pm. Included with zoo admission. Sloat Boulevard at 47th Avenue, San Francisco. 415-753-7080. www.sfzoo.org

30 Sunday

Become a nature detective and sharpen your powers of observation and deduction. Learn to tell stories by reading animal tracks. Make your own Backyard Trackers Field Guide. Stroll around the refuge looking for animal tracks. Ideal for ages 8-10. 2-3:30pm. **Free**. Reservations required at 408-262-5513 or e-mail sfbay_urban-runoff@yahoo.com. Environmental Education Center, Don Edwards San Francisco Bay National Wildlife Refuge, 1751 Grand Blvd, Alviso. <http://desfbay.fws.gov/timeline>.

Blooming Bonanza. See May 16.

Memorial Day Fireworks

Paramount's Great America celebrates Memorial Day and kicks off the start of summer with world class fireworks choreographed to patriotic and popular music. See one of the largest fireworks displays in the Bay Area. Approx. 9:10pm. Free with park admission. Paramount's Great America, 1 Great America Parkway, Santa Clara. 408-988-1776. www.pgathrills.com.

More Than Movies. See May 2.

31 Monday

Explore ocean animals at KidsPark with fish painting. All materials provided. Activities offered hourly. One-time registration fee per family, and hourly rates apply.

KidsPark/Oakridge Mall 5440 Thornwood Drive, San Jose or KidsPark/Valley Fair Mall 2858 Stevens Creek Blvd., San Jose. 408-260-7929. www.kidspark.com.

Hike the Open Space on a 3-mile, leisurely-paced walk with spectacular views. Learn history of the preserve and gain insight into plants, animals and geology of the area. 9:15am-1pm. **Free**. Meet at Picchetti Ranch to carpool to hike location. Reservations required. Phone or check online for directions. 650-691-2150. www.open-space.org.